

## How do you grow highland nepenthes?

- Soils –70-80% high quality long-fibered sphagnum moss; the rest is a combination of fine orchid bark, perlite and tree fern fiber
- Containers - plastic pots with holes. Fill bottom with moss to prevent loss of soil
- Water – Water from overhead, do not put in trays
- Light – bright light or partly sunny. Grow lights
- Climate - 70-80 degrees during the day and 50s to low 60s at night. Will tolerate drops to 40s briefly. High humidity